



“Happiness at the Engineering Workplace”

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Abstract: Everyone is willing to be happy in every sphere of life be it in profession, in a family atmosphere or alone. But society itself is more focused on ambitions, achievement, goal, efficiency and effectiveness compared to happiness in workplace and happiness within individuals.

Because of multi-dimensional scientific development of physical world that had impact on the engineering field, task accomplishments are becoming more of mind phenomenon than of physical strength or effort. Physical movement in performing engineering tasks is gradually minimized. Mind is being overloaded with no relaxation, having lesser sense of humor and laughter. Depression, misery and anxieties are likely to be the outcome, which is in fact growing faster. Thus, there is a tremendous need of understanding happiness, enhancing happiness at work place, being happy in life in order to perform better in every profession including engineering profession.

Happiness not being taught and practiced in the school, colleges and within the engineering profession, we do not know how much we lack it. Let us have a talk/feel/respect for it so that we could make work place filled with more happiness and joy giving us more strength to perform better.

Bio: Professor Khem Dallakoti is a professor of Civil Engineering at Tribhuvan University, IOE Pulchowk Campus, with professional expertise in the fields of Arbitration, Engineering, and Management. Throughout his academic journey, Prof. Dallakoti has lectured for over three decades, sharing his knowledge on various disciplines, including Arbitration and Claim Management, Procurement and Contract Management, Construction Project Management, and Quality Management.

Prof. Dallakoti has provided leadership to the Infrastructure Development Bank as its former Chairperson. Additionally, he has held positions as the Managing Director of Building Design Authority Pvt. Ltd and former Vice President of the Nepal Council of Arbitration. Prof. Dallakoti has also served as the chairperson of the Sanepa Chakrapath Users Committee.

Furthermore, Prof. Dallakoti has played pivotal roles as a consultant, dispute resolution expert, and resource person. He has served as a team leader, project manager, coordinator, contract specialist, procurement specialist, and entrepreneur for over 50 projects. Prof. Dallakoti has acted as chief arbitrator, adjudicator, and dispute reviewer expert in numerous disputes. Additionally, he has conducted over 100 training sessions in lifestyle management, stress management, FIDIC, adjudication/arbitration, quality management, construction management, and contract administration.

Since 1980, Prof. Dallakoti has been a devoted practitioner of meditation, initiated into neo-sannyas by Osho. He serves as the Founder Vice President of OSHO Tapoban and holds executive positions in Osho Upaban and Osho Jetban. Prof. Dallakoti has facilitated more than 100 meditation camps around the globe.

Organized by:

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RSVP: hou.asnengr@gmail.com

Sunday January 14, 2024, 11 am to 1 pm CST

Venue: Ashiana Indian Restaurant

2610 Briar Forest Dr, Houston, TX 77077

Note: Lunch is available & self-paid..

SCHEDULE:

11am-12pm: Meet/greet & lunch
12pm-1pm: Presentation

[Or, Click here to join the meeting online](#)

Meeting ID: 236 758 971 660

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